Explained in one page

## **General Expectations**

- Complete and record in Managebac at least 6 meaningful CAS experiences
- Complete and record in Managebac one CAS Project
- Meet all 7 learning outcomes
- Provide evidence, reflections and supervisor reviews for all CAS experiences and project
- CAS is ongoing over 18 months

## **Organizing Evidence & Reflections**

- Choose a name for your CAS experience. This one experience will need approval. Once approved in Managebac, you'll need to add evidence and reflections
- Evidence and reflections should reflect your learning from the experience and align to the learning outcomes
- Supervisor review: Choose an adult who can attest that you've completed the experiences



## **CAS Portfolio**

- A record of all CAS experiences and project(s) are kept under the CAS tab in Managebac
- Students need at least 6 meaningful experiences over 2 years. (See deadlines for each grade level)
- Students need one CAS project.
- Students record evidence, reflections and supervisor reviews in the portfolio on Managebac

## **Overall Approach**

- Balance. Seek experiences that encompass all three strands
- Live it. Love it. CAS should help you define, "what makes you, you?"
- Be supported. Utilize your IB Coordinator & teachers. Ask questions. Be actively engaged
- Commit to the timeline. Check the MPHS deadlines.



















